



MOONTA AREA SCHOOL

# *National Student Wellbeing Program*

## **The National Student Wellbeing Program (NSWP): Student Wellbeing Support Officer (SWSO)**

The National Student Wellbeing Program (NSWP) is a voluntary program in schools. The program was formerly called the National School Chaplaincy Program (Pastoral Care Worker).

***The NSWP at Moonta Area School is delivered by a Student Wellbeing Support Officer (SWSO).*** It's not a religious program and does not provide religious instruction or religious counselling to students.

### ***The NSWP program aims to:***

- support schools to promote the wellbeing of students
- provide supports that focus on the social and emotional wellbeing of students
- complement existing student wellbeing programs and services by schools.

***Programs and responsibilities run by the Student Wellbeing Support Officer at MAS*** could include whole-school, group or one-on-one services inclusive of:

- The BRAVE Program
- Calm Kids Central
- 1:1 intensive on managing Tricky feelings
- Developing positive friendship skills
- supporting student attendance, engagement and mental health
- supporting breakfast programs
- supporting physical, emotional, social development and wellbeing of all students
- coordinate volunteering activities and support
- provide lunch time activities and support
- support excursions and incursions
- active member of the Wellbeing Team

***The Student Wellbeing Support Officer*** works side by side with the Primary and Secondary Wellbeing Leader on programs and strategies to develop Social and Emotional Literacy along with Resilience and Self-Regulation Skills and positive student wellbeing with R-12 students.

***Our Student Wellbeing Support Officer (SWSO)*** at MAS is Courtney Lodge. Courtney is currently studying a Bachelor of Secondary Education and working as a Teaching Assistant from R-12.